

**PERMISSION TO PARTICIPATE  
IN INTERSCHOLASTIC SPORTS**

**2016**

**NAME** \_\_\_\_\_ **GRADE** \_\_\_\_\_ **HOMEROOM** \_\_\_\_\_

I hereby give permission for \_\_\_\_\_  
to participate in the St. John's Interscholastic Cross Country Program.  
Below are listed and described any operations, serious illnesses or fractures contracted  
during the past year.

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Home Address \_\_\_\_\_ Phone \_\_\_\_\_

E-mail address \_\_\_\_\_ Cell Phone \_\_\_\_\_

Parents place of work \_\_\_\_\_ Phone \_\_\_\_\_

Family Doctor \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

Date of last physical exam: \_\_\_\_\_

I, \_\_\_\_\_, the undersigned father/mother of \_\_\_\_\_, a minor, do hereby consent to his/her participation in voluntary athletic programs and do forever RELEASE, acquit, discharge, and covenant to hold harmless St. John's School in Peabody from any and all actions, causes of action and claims on account of, or in any way growing out of, directly or indirectly, all known and unknown personal injuries or property damage which I may now or hereafter have as the parent of said minor, and also all claims or right of action for damages which said minor has or hereafter may acquire, either before or after he/she has reached his/her majority resulting from his/her participation in St. John's School, Peabody athletic programs.

Parent's Signature \_\_\_\_\_

Athletic fee enclosed \$50.00. Permission slip, Doctor's note and athletic fee to be in the office by **Wednesday September 7<sup>th</sup>**.

**If your child is a participant of any team ( Cross country, Basketball or Cheerleading) at St. John's School each family is responsible for the purchase of at least two Athletic Fundraiser tickets (Dec.2, 2016 ). (Family maximum - \$50.00) or if unable to attend a \$75.00 donation.**

The first practice will be held on **Wednesday September 7<sup>th</sup>** from 3-4 p.m. at Emerson Park with practices being held on Mondays, Tuesdays Wednesdays, and Fridays . A more detailed schedule of practices and meets will be passed out in the near future.  
The 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> Grade students walk up to Emerson Park as a group. They are allowed to change in school after the second bell has rung. Please be prompt with pickup.

**\*\*PLEASE NOTE: EVEN IF YOU HAVE A DOCTOR'S NOTE ON FILE IN THE NURSE'S OFFICE, WE STILL NEED A COPY FOR ATHLETICS.\*\***